

10 Ways to Connect

DURING COVID-19

FROM IMPACT MINISTRY
AT CALVARY CHURCH

These ideas come from Vonn Dornbush, Impact Ministry Pastor and Tina Skipper, Children's Outreach Director. Read through the list and then challenge yourself to make a few of these things happen! You can be the church outside of our walls during this time.

1. MAKE MASKS

If you have sewing skills, consider making face masks from home—then share them with others! You can drop them off in the entryway at Roseville Campus, or we can pick them up from you. Then these will be available for distribution at our Roseville Campus (for our congregation and for other organizations that may need them). Need a template and suggestions for materials? Check out this [LINK](#) for helpful tips and a template from JoAnns. Contact Bonnie Johnson (bonnie.johnson@calvarychurch.us) if you need supplies or have masks to be picked up.

2. SPREAD THE (DONUT) LOVE

Calvary Church, we know you love your donuts. You may not be able to get your weekly fix in church on Sundays, but you can still spread your passion for pastries with others. Buy a dozen donuts from a local bakery or donut shop (supporting small businesses, if you can...) and take them to a police or fire station with an encouraging note.

3. NURTURE WITH NATURE

Use this time at home to connect with your neighbors. Plant flowers in a pot and deliver them with an encouraging note—maybe even include an invitation to online church (at calvarychurch.us/media/messages)! There's something especially comforting about watching things grow right now. Not comfortable shopping in the store? Order online and they will do curbside pick-up.

4. GIVE BLOOD

Our blood banks are always in need, and this pandemic has only increased the demand for supplies. Make an appointment to donate much needed blood or plasma at redcrossblood.org or call 1.800.RED.CROSS. Our local Red Cross is at 1160 W County Rd E, Arden Hills, MN 55112.



5. GET SOME FACE TIME

Miss your friends and family? Make phone, Google Hangout, or Zoom appointments each week to check in on them. Free accounts are at <https://hangouts.google.com/> and www.zoom.com. It's especially important to check in frequently with older people in your life, and those who are normally homebound. Consider who might be feeling more isolated during this crisis and given them a call. Then just listen.

6. SEND SNAIL MAIL

It may not be high-tech, but getting a note in the mailbox can really brighten someone's day! Send cards to people friends and family, or maybe someone you don't know all that well now. If you need ideas for people who would really appreciate a random encouraging note, check-in with Ralph Gustafson, Senior Adults & Volunteer Development Pastor. Check out these eight royalty-free postcard designs made just for YOU, people of Calvary! Print them on 8.5"x11" card stock, and cut into 4 cards.

To download these postcards for printing at home, go to calvarychurch.us/connect/impact/events



7. BRING A MEAL

Do you know someone who has recently been laid off or furloughed from their job? Connect with them to ask about food allergies, then find a good time to drop off a meal. (Hint: It's a good idea to use disposable/recyclable containers that they don't have to return to you.)

Take it a step further, and Zoom with them during dinner so you can "eat" together! Ask how they are doing, and if there is anything else you can do to help. If their needs are great, contact Ben Tyvoll, Care Pastor, and let him know of your friend's or neighbors' needs. (ben.tyvoll@calvarychurch.us) We may be able to give them some assistance and/or connect them with someone who can help.

8. PUT UP A YARD SIGN

Stop by and pick up a Calvary Church yard sign in Roseville Campus's entryway or email Christa Granlund (christa.granlund@calvarychurch.us) to arrange delivery. People become more spiritually aware during times of crisis, and are looking for answers. A yard sign is a simple way to inform all the neighborhood walkers about an online church option, and a way to invite your neighbors to Calvary Church!

9. PRAY FOR OUR PARTNERS

Many of our Calvary Church Impact partners serve in countries hit especially hard by the virus, and they covet your prayers during these difficult days. To request an Impact partners prayer booklet with information on each of our partners contact Bonnie Johnson. Also visit calvarychurch.us/connect/impact/impact-partners for weekly Impact-related prayer updates each Wednesday from Vonn Dornbush.

10. SHARE YOUR STORY

As you reach out to others, let us know how it's going. We would love to hear how you are connecting with your family, friends, and neighbors during this unprecedented time. Send photos and stories to Cheryl Brunkow, Communication & Marketing Director (cheryl.brunkow@calvarychurch.us).

Contacts

Vonn Dornbush

Impact Ministry Pastor
vonn.dornbush@calvarychurch.us

Bonnie Johnson

Ministry Assistant
bonnie.johnson@calvarychurch.us

www.calvarychurch.us
651.487.2855



Roseville Campus

2120 Lexington Ave N
Roseville, MN 55112

White Bear Campus

4604 Greenhaven Dr
White Bear Township, MN 55127